





# IHFACON 2017 NATIONAL CONFERENCE ON SPORTS INJURIES & REHABILITATION

24<sup>th</sup> August 2017 Pragati Maidan, New Delhi

Organised by

## INTERNATIONAL HEALTH AND FITNESS ASSOCIATION (IHFA)

(Registered by Ministry of Corporate Affairs, Government of India)













We welcome you to IHFACON 2017 NATIONAL CONFERENCE ON SPORTS INJURIES AND REHABILITATION and be a part of such a wonderful interprofessional collaborative networking platform to promote health and fitness rehab as a way of life. The lecture deliberations, panel discussions and research presentations will provide updates on recent developments in all fields related to health, fitness and wellness globally and in India.

In India health and wellness industry is growing rapidly, and International Health and Fitness Association is a well-known brand for encouraging interprofessional health and fitness gatherings and activities. As we are envisioning sports olympism, fitness and wellness training in Indian population, people of all ages face specific injuries and emergencies that required specific rehabilitation approaches and techniques. Today physiotherapists, fitness trainers, sports trainers and sports physicians should understand the interprofessional roles and boundaries to address the growing demand of developing a comprehensive fitness culture in India as recommended by World Health Organisation.

The Executive and advisory committee of IHFA is proud to announce that the 1st National Conclave on Sports Injuries and Rehabilitation 1st IHFACON 2017 will be held in Hall No. 7 Pragati Maidan, New Delhi on 24th August 2017 from 9 AM to 4 PM.

<u>Interactive Lecture/ demonstration Sessions by:</u> Physiotherapists, Sports Physicians, Surgeons, Physical Educators, Fitness Experts and Sports Scientists

<u>Participation Eligibility</u>: Entry open for all Healthcare, Fitness and Sports professionals or students who are interested to know about latest technology and scientific knowledge in Sports Injuries and Rehabilitation.

**Abstract (for poster presentation):** 250 words. Structured along headings of INTRODUCTION, METHODOLOGY, RESULTS and CONCLUSION, across the theme: Sports Injury/ Health and Fitness/ Rehabilitation. Both original research and review of literature can be submitted for presentations. Posters will be 4feet (height) by 3 feet (width), and presentation will be for 5 mins judged by two experts during the stipulated time schedule. Students and professionals are welcome to submit abstracts, which will be evaluated in separate categories as deemed necessary. Top three best presenters will be awarded with prizes and/or certificates. Email: <a href="mailto:ihfacon2017@gmail.com">ihfacon2017@gmail.com</a> Deadline: 10<sup>th</sup> August 2017.

REGISTRATION FEE	Early bird Upto 31.07.2017	Regular Upto 15.08.2017	Spot (if available)
Students	1000	1500	2000
Professionals	1500	2000	2500

## **Advisory committee**

National	International	
<ul> <li>Dr.Dhram Panday, Delhi</li> <li>Dr Deepak Raghav, PT, Ghaziabad</li> <li>Dr.Sudeep Kala (PT), Mumbai</li> <li>Dr. R.K. Mudgil (PT), Haryana</li> <li>Dr. RituRaj Bailung (PT), Assam</li> <li>Dr. Vikram Bhadouria, PT, Bareilly</li> <li>Dr Sudeep Saxena, PT, Lucknow</li> <li>Dr.Shagufta Parveen, Bangalore</li> <li>Dr.Arvind Yadav, Mumbai</li> <li>Vipin Rana, New Delhi</li> <li>Nachiket Dhruva, Vadodara</li> <li>Dr.Biplab Mazi, Rajasthan</li> </ul>	<ul> <li>Dr.P. Bhaskar Reddy, Saudi</li> <li>Dr Krishna N Sharma, PT, Uganda</li> <li>Dr Saurabh Sharma, Nepal</li> <li>Chris Gellert , PTCS, USA</li> <li>John Platero, NCCPT, USA</li> </ul>	

### Scientific committee

- Dr.Dharam Pandey (PT), Delhi
- Dr.Piyush Jain (PT), Delhi
- Dr. Senthil P Kumar (PT), Sharda University, Greater Noida
- Dr.Sudeep Kale (PT), Mumbai
- Dr.Ajit Kumar, Amity University, Noida
- Neeraj Mehra, Olympism
- Dr.Sandeep Chaudhary, Subharti University, Meerut
- Dr CS Ram, ITS, Ghaziabad
- Dr.Gopakumar, CorePhysio, Bangalore
- Dr Neeraj Kumar, Galgotias, Gautam Budh nagar
- Dr Mohd Nazir, Noida International University, Gautam Budh nagar
- Dr Saru Bansal, Kailash institute, Greater Noida

## **Promotion and Supporting Committee:**

- All Assam Physiotherapy Association
- Pro-Seed Foundation
- Rehabilitation and Physiotherapy Practitioner Assocaition
- Physio Foundation of India
- Haryana Chartered Association of Physiotherapist
- Fitness Master, Pune
- SAV Fitness Solutions Private Ltd.
- Jaipur Physiotherapy Network



















## **Contact for Registration and Conference Queries:**

Dr. Vipin Kumar (PT) Ph: 08881388817

Dr. Kavita Puri Ph: 09869103118

Email for abstracts / Email for award nominations:

# ihfacon2017@gmail.com

Abstracts submission/ awards nomination deadline: 10th August 2017



# IHFACON-2017

## NATIONAL CONFERENCE ON SPORTS INJURIES AND REHABILITATION

24th August 2017, Hall # 7, Pragati Maidan, New Delhi

Organised by: International Health and Fitness Association (IHFA)

(Registered by Ministry of Corporate Affairs, Government of India) www.ihfafitness.com, ihfacon2017@gmail.com, 08881388817

## **REGISTRATION FORM**

(USE BLOCK LETTER ONLY)

Paste
Passport Size
Photograph

Prof. / Dr. /Mr./Mrs /Ms	
CONTACT NUMBER	PHONE
E-MAIL ID	
OCCUPATION	
INSTITUTE	
CORRESPONDENCE ADDRESS	
	PIN CODE

#### **REGISTRATION DETAILS:**

REGISTRATION FEE	Early bird	Regular	Spot
	Upto 31.07.2017	Upto 15.08.2017	(if available)
Students	Rs.1000	Rs. 1500	Rs.2000
Professionals	Rs.1500	Rs.2000	Rs. 2500

Mode of Payment Shall be: NEFT / Netbanking to

Bank: Bank of India

Account Name: INTERNATIONAL HEALTH AND FITNESS ASSOCIATION

Account Type: Current

Account No: 716220110000046

Branch Name: Najibabad, District Bijnor

State: Uttar Pradesh Branch Code: 007162 IFSC Code: BKI D0007162



#### **DECLARATION**

I hereby confirm that all above information provided above are true of the best of my knowledge, and I understand that registration non-transferable and only 25% fee refund after conference upon 15 days prior request will be made, and my full attendance is compulsory to deem myself eligible to receive certification and credits.